10 GOLDEN ENERGY-SAVING ECO TIPS

These ten Golden tips can help you make substantial savings on your ever-increasing energy bills - and help protect the environment in the process.

1. HIGH EFFICIENCY BOILER

An old boiler and heating system can be very expensive to run and choosing a new, highly efficient Gold Combi boiler can reduce your heating bills by up to 30%.

2. INSULATION

Creating highly efficient heating & hot water is only half the battle if you then allow it to seep through your roof, walls, windows and doors. Check all the insulation opportunities available to you.

3. VARIABLE ROOM TEMPERATURES

Don't have the temperatures set too high in little used rooms (i.e. cooler in the spare bedroom) and close all doors to help keep the different settings apart and fit new, highly efficient Gold Thermostatic Radiator Valves.

4. PROTECT REMOTE THERMOSTATS

Position remote thermostats away from anything that could create a false reading, such as a draft, a cold outside wall - as its accuracy will be compromised.

5. DON'T HEAT AN EMPTY HOUSE

Reduce all settings when you are away for a few days and if there's no danger of pipes freezing turn the system to an absolute minimum.

6. REDUCE TEMPERATURES AT NIGHT.

Turn off or reduce the radiator temperatures at night and ensure that your system time clock is set for maximum efficiency.

7. ALLOW FOR BODY TEMPERATURES

Reduce the thermostat settings when you have a large group of people in the house. People can generate a great deal of heat

8. DOUBLE GLAZING

A great deal of expensive heat can drift through your windows and doors and efficient double glazing can have a huge effect on your energy costs.

9. GIVE YOUR RADIATORS ROOM

Putting furniture in front of radiators greatly reduces its efficiency and means it has to work much harder to heat the room and fitting a Gold Filter will increase efficiency further by removing debris, creating a better heat output.

10. MAINTAIN YOUR EQUIPMENT

If you don't regularly check your boiler and central heating equipment you could be easily adding 10% to your heating bills - without knowing!